

Parent Tips

- Establish privileges and consequences before giving your child a cell phone, tablet or computer.
- What time do internet enabled devices shut down.
- Charge all devices in parent's room.
- Put cell phones away during homework time.
- Most major cell phone carriers have parental controls

Parent Tips

- Set all social media accounts to **private**.
- Know which apps and websites your children visit.
- Review text messages.
- Review contacts and “friend” lists.
- Ask your child about “friends” you don’t know.
- Check browser history often.
- Remind your kids not to have inappropriate conversations i.e., sexting, hate speech, violence, threats, drugs and alcohol, etc...
- Use filtering and monitoring software.

Cyber

Tips

Report to CyberTipline

- Anyone sends a child photos or videos containing obscene content.
- Anyone speaks to a child in a sexual manner.
- Anyone asks a child to meet in person.



CyberTipline.com
1-800-THE-LOST

Teaching Children to be Safe on the Internet

Parents' Responsibilities:

1. Listen / talk to your kids about the Internet.
 - What do they do on the computer? On their cell phones?
 - Who do they talk to online?
 - When are they getting online?

2. Set Internet usage rules (with your kids).
 - Who can they talk with?
 - What sites or types of sites are off limits?
 - When can they use the computer?
 - Where can they use the computer?
 - Why are these rules important?

(Yes, they will complain about the rules!)

3. Listen / talk to your kids.
 - When should they talk to you?
 - What should they expect from you when they come talk to you?

Parents' Responsibilities (Continued):

4. Teach your kids safe Internet habits.

- What is pornography?
- What is cyberbullying?
- What sites or activities are dangerous?
- What is inappropriate on Facebook?

5. Set specific consequences.

- What happens if they break a rule?
- Print the rules and have your kids sign it like a contract.

6. Listen / talk to your kids.

- Yes again. And again.
I can't emphasize this enough.

7. Install filters and/or monitoring software on your computers.